



OCTOBER - 2022

HOOKS ELEMENTARY SCHOOL – K-4TH – BREAKFAST MENU

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Cereal/Toast/Jelly Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	4 Pancake on a Stick Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	5 Creamy Oatmeal Cinnamon Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	6 Eggstravaganza Biscuit/Gravy Hash Brown Pattie Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	7 Cereal/Toast/Jelly Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
10 STUDENT HOLIDAY	11 Cereal/Buttered Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	12 Eggstravaganza Buttered Toast/Jelly Hash Brown Rounds Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	13 Creamy Oatmeal Cinnamon Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	14 Glazed Donut Holes Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
17 Breakfast Sandwich Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	18 Scrambled Eggs Biscuit/Gravy Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	19 Burrito/Salsa Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	20 Cereal/G. Crackers Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	21 Breakfast Pizza Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
24 Pancakes/Syrup Sausage Links Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	25 Cereal/G. Crackers Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	28 Cheesy Scrambled Eggs Biscuit/Gravy Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	27 Creamy Oatmeal Cinnamon Toast Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*	28 Cereal String Cheese Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*
31 Pancake on a Stick Syrup Chilled Fresh Fruit 100% Fruit Juice Choice of Milk*		MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!	MILK SERVED: 1% White 1% Chocolate	

This institution is an equal opportunity provider.